***VOCAL WORKOUT DAY***

***Saturday 28th September 2013***

***10.30 – 3.30***

***St John’s Church, Broadbridge Heath, RH12 3LD***

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* Your singing voice needs regular exercising, training, warming up and warming down, relaxing, just like the rest of the body, so these sessions will be like yoga/body balance/exercise classes but for the much neglected voice!
* You use the whole body to sing so every bit of you will have a work over!
* There will be a mixture of physical and vocal work with some group singing.
* Previous experience is not necessary but those who already sing well will also benefit, as there will be plenty of technical input.
* Sight reading skills will not be needed!
* Enjoy working and learning with other singers.

**Cost for the day: £25**

Book early as numbers are limited!

Please bring a packed lunch. Tea, coffee and plenty of water will be provided.

Queries to [cantilena.info@gmail.com](mailto:cantilena.info@gmail.com)

Booking Forms to *Cantilena, 27 Mead Road, Cranleigh, Surrey, GU6 7BQ*

Tutor ***Jenny Hansell*** is a professional singer and teacher. She is conductor of *Horsham Chamber Choir* and *Cantilena* and regularly runs singing workshops.

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**NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**EMAIL \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_PHONE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I would like to participate in the Vocal Workout Day at St John’s Church, Broadbridge Heath**

**I enclose a cheque for £25 made payable to *Cantilena***